

Thank you for choosing CARTI Surgery Center. We are committed to providing the best possible experience for you and your loved ones. Because of our specialized focus, our team will provide personalized, compassionate care that is tailored to your needs. Please thoroughly review all information in this folder in order to prepare for your procedure.



BEFORE YOUR PROCEDURE

- Any special lab work or X-rays necessary for your procedure will be arranged by your physician prior to the date of your procedure.
- If you have an infection, fever or noticeable change in your health since your last office visit, inform your doctor **BEFORE** you arrive at the CARTI Surgery Center.
- Eat a light evening meal on the day before your procedure. (Exception: patients requiring a bowel prep)
- **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT.** (This includes candy, water, coffee, chewing gum, mints, etc.) If you eat or drink anything, your procedure will be cancelled and rescheduled. Prescription medications authorized by your physician may be taken with a small sip of water.
- Follow all specific instructions given by your physician.
- If possible, refrain from using any form of tobacco or alcohol at least 24 hours prior to procedure.
- Expect a call from Pre-Anesthesia Testing prior to your procedure.

FOR YOUR PROCEDURE

- A family member or friend (one visitor only) must accompany you to and from the surgery center. **YOU MAY NOT DRIVE AFTER YOUR PROCEDURE.** Public transportation may not be used.
- Wear comfortable clothing that is easy to change into after your procedure. Depending on the type of procedure, you may be allowed to leave on your socks and underpants.
- All valuables should be left at home.
- Contact lenses may not be worn.
- Remove all make-up, false eyelashes and fingernail polish.
- Bring a current list of all prescription medications you are taking.
- Bring a photo ID and insurance/Medicare/Medicaid card with you, even if you have already provided this information previously.

AFTER YOUR PROCEDURE

- Your condition will be closely monitored by staff professionals.
- You will remain in recovery until your physician or anesthesiologist feels you are able to be discharged home.



AFTER DISCHARGE

- Specific instructions prepared by your physician will be sent home with you.

24 HOURS AFTER YOUR PROCEDURE

- Do not drive or operate machinery.
- Do not drink alcoholic beverages.
- Closely follow your physician's instructions after your procedure.
- If you have any questions about your procedure, please call your nurse for details.

The above guidelines are for general anesthesia cases. However, if you are scheduled for local anesthesia, these guidelines should also be followed unless otherwise directed by your physician or CARTI Surgery Center staff.

Contact a CARTI
Financial Advocate
501.537.8641
PAFC@CARTI.com

FINANCIAL ADVOCATES

CARTI'S financial advocates are available to help you navigate the financial aspects of your medical care. From understanding your benefits to being the liaison between you and your insurance provider, they can help answer any of your financial questions or concerns. We hope that you utilize our financial advocates' expertise so you can spend your time focusing on treatment and overall well-being.