



CARTI RADIOLOGY PROCEDURE INSTRUCTIONS

8901 CARTI Way • Little Rock, AR 72205 • 501.906.4429
Directions can be found at carti.com

NAME _____ Date _____ Time _____

EXAMS SCHEDULED _____

EXAM INSTRUCTIONS

*****Please arrive 15 to 30 minutes prior to your scheduled time for all imaging procedures.*****

Computed Tomography (CT)

1. Do not eat 3 hours before exam except for water and regular medications.
2. For abdomen or pelvis CT, drink (4) 8 oz. glasses of water. Begin to drink 1 hour before you arrive for your scan. You may go to the restroom. Failure to drink your water before scheduled time may cause a delay in your scan.

Ultrasound

1. **Abdomen** (Liver, Pancreas, Gallbladder, Retroperitoneal)
 - a. Do not eat, drink or chew gum after midnight the night before your exam.
 - b. You may take regular medications with water.
2. **Pelvis**
 - a. Drink 64 oz. of non-carbonated fluid 1 hour prior to your appointment.
 - b. Do **NOT** use the restroom.
 - c. You may eat before your exam.

Bone Density

No Barium Study 48 hours prior to test

IVR Procedures

1. Nothing to eat or drink after midnight the night before your procedure.
2. Please make sure you have a driver due to sedation.

Nuclear Medicine

1. **Bone Scan** - No preparations are needed for this exam. There will be a 2.5 to 3 hour wait after your bone scan dose is given and a total exam time of approximately 45 minutes.
2. **MUGA** (Multi Gated Acquisition Scan) - No preparations are needed for this exam. There will be a 30 minute wait after I.V. has been accessed and a scan time of about 15 minutes.
3. **Liver/Spleen** - No preparations are needed for this exam. There will be approximate 20 minutes wait after I.V. has been accessed and a scan time of about 25 minutes.
4. **Hepatobiliary Scan** - No food 4-6 hours before exam. No pain medications 4-6 hours before exam. After I.V. has been accessed a scan time of about 90 minutes.

MRI

1. No pacemakers, defibrillators, or breast expanders. Please contact your ordering doctor if you have a pacemaker, defibrillator, or breast expanders.
2. All other implants please bring card or make and model.

PET/CT

1. Nothing to eat or drink 4 hours prior to exam.
2. Please follow diet instructions listed on CARTI.com. Select "Services/Imaging" followed by "PET/CT"

IMPORTANT: Please notify technologist if you are pregnant or breastfeeding.